

**Same Day Treadmill Testing  
San Francisco General Hospital ED**

To Order a Treadmill from the ED:

- **Enter an order in the computer**
- **Send one copy of this form with information completed and one copy of the initial ED ECG (will not be returned)**
- **Notify Treadmill Lab at 206-8414 (leave a message or speak to Ligia)**

Brief History: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

REQUESTING (ED) PHYSICIAN: \_\_\_\_\_  
ED ZONE: \_\_\_\_\_

PRIMARY CARE/CONTACT PHYSICIAN: \_\_\_\_\_ Phone (\_\_\_\_)\_\_\_\_-\_\_\_\_\_

I have checked with the patient and he/she does not have a primary care physician.

Interpreter needed? YES \_\_\_\_ NO \_\_\_\_  
Language: \_\_\_\_\_

Copy of ECG from ED included with this form to go with patient?: YES \_\_\_\_ NO \_\_\_\_

Please answer the following checklist. If any answer is "YES," an exercise (treadmill) stress test should not be ordered

	YES	NO
1. Ischemic or dynamic ECG changes?	____	____
2. Ongoing chest pain?	____	____
3. Known/suspected severe aortic stenosis?	____	____
4. Blood pressure > 180 systolic or 100 diastolic?	____	____
5. Exercise limited by musculoskeletal (e.g. back) or respiratory (e.g. CHF, COPD, asthma) problems exercise?	____	____
6. Patient in early alcohol withdrawal?	____	____

**This test is for assessment of symptoms that are consistent with possible unstable angina. The approach to exclude acute myocardial infarction is at the discretion of the ordering ED physician.**

- **A copy of the preliminary result will be sent back with the patient (or Faxed to 206-4719 and called to charge RN at 206-8111 if copy unavailable)**
- **The MD interpreted result, when available, will be called to 206-8111 and given verbally to the charge RN**
- **For questions about this protocol, contact Jeffrey Tabas at [jtabas@sfgned.ucsf.edu](mailto:jtabas@sfgned.ucsf.edu)**

Reviewed 8/07 by: Alan Gelb MD, Nora Goldschlager MD, Robert Sypher RN, and Jeffrey Tabas MD

